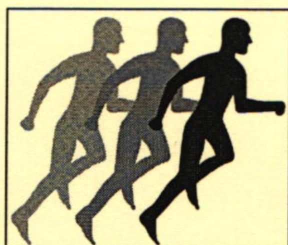

ESTERSON & ASSOCIATES

PHYSICAL THERAPY, P.A.

Two West Rolling Crossroads ♦ Suite 102
Baltimore, Maryland 21228
410.747.1600 ♦ Fax 410.747.5202
www.EstersonTherapy.com

℞ PHYSICAL THERAPY

Patient's Name______________________________ Date____________

Dx: ____

Area/Part To Be Treated: __________________________________

Precautions: ________________________ WB Status:________________

Evaluate and treat as appropriate ☐

Frequency 1 2 3 4 5 / week Duration______ weeks

I hereby certify that these services are medically necessary for the patient's plan of care.

Physician's Signature____

NPI #______________ Email or fax # of referring physician: ________________

TREATMENT PROCEDURES:

- ☐ Mechanical Traction
  - ☐ Cervical
  - ☐ Lumbar
- ☐ Hot/Cold Packs
- ☐ Ultrasound
- ☐ Electrical Stimulation
- ☐ Paraffin Bath
- ☐ Intermittent Compression
- ☐ Iontophoresis
- ☐ Home Exercise Program
- ☐ Myofascial Release
- ☐ Desensitization
- ☐ Work Hardening Program
- ☐ Therapeutic Exercise
  - ☐ Passive
  - ☐ Active
  - ☐ Resistive
- ☐ Manual Therapy
- ☐ Gait Training
- ☐ Isokinetic Testing
- ☐ Joint Mobilization
- ☐ Massage/Soft Tissue Work
- ☐ Vertigo Treatment
- ☐ Balance & Coordination Training
- ☐ TMJ Program
- ☐ Other: ________________

☐ Doctor: Please check here if more referral pads are needed

DIRECTIONS FROM THE BELTWAY: Exit 17 Security Boulevard towards Rolling Road. After three traffic lights turn left on Rolling Road. Pass three short traffic lights and see our building complex on your left. We are in the West Building. Look for the large **PHYSICAL THERAPY** sign over our entry doors.